

Sun	Mon	Tue	Wed	Thu	Fri	Sat
27	28	29	30	1	2	3
			9:15 STRETCH & 11:30 LUNCH 12:30 TAI CHI	9:15 CHAIR YOGA 11:30 LUNCH 12:30 BINGO	9:15 STRETCH & 11:30 LUNCH 12:30 TAI CHI JOY GRAVERLY	MARYANN WEINER
4	5	6	7	8	9	10
4-6PM COMMUNITY	10:00 BODIES, BANDS 11:30 LUNCH 12:30 TAI CHI FORM PATRICIA COURTELIS	9:15 CHAIR YOGA 11:30 LUNCH 12:30 CRAFT	9:15 STRETCH & 11:30 LUNCH 12:30 TAI CHI ELEANOR KLEVENHAGE LOIS YUDT MARY GREENE	9:15 CHAIR YOGA 11:30 LUNCH 12:30 BINGO MIKE HARAKAL	9:15 STRETCH & 11:30 LUNCH 12:30 TAI CHI	
11	12	13	14	15	16	17
	10:00 BODIES, BANDS 11:30 LUNCH 12:30 TAI CHI FORM	9:15 CHAIR YOGA 11:30 LUNCH KATHY STEFANYAK MARK HEFFELFINGER	9:15 STRETCH & 11:30 LUNCH 12:30 TAI CHI RITA HAHN	9:15 CHAIR YOGA 11:30 LUNCH 12:30 BINGO	9:15 STRETCH & 11:30 LUNCH 12:30 TAI CHI CATHERINE DEUTSCH	JUDI LUCKENBILL
18	19	20	21	22	23	24
SUZANNE SAFELL	10:00 BODIES, BANDS 11:30 LUNCH 12:30 TAI CHI FORM	9:15 CHAIR YOGA 11:30 LUNCH 12:30 STITCHING & 4-6PM COMMUNITY	9:15 STRETCH & 11:30 LUNCH 12:30 TAI CHI	9:15 CHAIR YOGA 11:30 LUNCH 12:30 BINGO FAYE WADUSDKY	9:15 STRETCH & 11:30 LUNCH 12:30 TAI CHI	DALE MILLER FRAN WAGNER
25	26	27	28	29	30	31
BINGO BRINDA IDNANI	10:00 BODIES, BANDS 11:30 LUNCH 12:30 TAI CHI FORM	9:15 CHAIR YOGA 11:30 LUNCH 12:30 MOVIE	9:15 STRETCH & 11:30 LUNCH 12:30 TAI CHI	9:15 CHAIR YOGA 11:30 LUNCH 12:30 BINGO	9:15 STRETCH & 11:30 LUNCH 12:30 TAI CHI	