

THE ONLY FEEDER  
PROGRAM  
FOR WHITEHALL  
FOOTBALL AND CHEER



• Football & Cheer •

# Signups

Hokey  
Athletic  
Association

## ONLINE REGISTRATION



Register at [hokeyaa.org](http://hokeyaa.org)



Check our Facebook for in  
person sign ups and spring camps

FACEBOOK: Hokey Athletic Association

★ SEASON BEGINS  
JULY 27TH 2026 ★

Cheer program  
Ages 4 to 12 years old



### ROOKIE FLAGS

INSTRUCTIONAL LEVEL PLAY

Cannot turn age 6 years old  
before August 1st



### JUNIOR VARSITY

COMPETITIVE LEVEL PLAY

- A. Can not turn 10 years old before August 1st
- B. Must weigh 100.9 lbs. or less to run the ball
- C. Can not exceed 130.9 lbs.



### FLAGS

COMPETITIVE LEVEL PLAY

A. Cannot turn 8 years old  
before August 1st



### VARSITY

COMPETITIVE LEVEL PLAY

- A. Can not turn 13 years old before August 1st.
- B. Must weigh 120.9 lbs. or less to run the ball
- C. Can not exceed 160.9 lbs.
- D. 7th graders may play, but can not be more than 100.9 lbs, no matter age.