

Aerobic Dance Fitness Classes

Egypt Memorial Park, Whitehall



Tuesdays in Dec., Jan., Feb.
6:30-7:30PM

Bring water, a mat, and optional
dumbbells.

\$5/class; Pay as you go!

Every fitness level is welcome!

Questions? Text 484-661-6662 and
follow fb page "Pop-up Fitness with Michelle".

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4549 Main Street, Whitehall

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*Modifications will be shown,
so all fitness levels are welcome!*

Classes are held inside the heated pavilion.

Questions? Text Michelle at 484-661-6662 and
follow fb page "Pop-up Fitness with Michelle".