

LITE MENU - Lehigh County Sr. Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Turkey and Gouda Sandwich Diced Beets Whole Wheat Bread Fresh Pear	Roast Beef & Pepper Jack Sandwich Broccoli Slaw WW Bread Pineapple	Italian Salad Salad Vegetables WW Dinner Roll Tropical Fruit	Chef Salad with Chicken Salad Vegetables WW Dinner Roll Fresh Orange	BBQ Chicken & Cheese Sandwich Baby Carrots w/ Ranch WW Sandwich Roll Fresh Orange
8	9	10	11	12
Roast Beef Club Sandwich Four Bean Salad WW Club Roll Tropical Fruit	Ham and Cheddar Sandwich Diced Beets WW Bread Pineapple	Chicken Caesar Salad Salad Vegetables WW Dinner Roll Strawberry Banana Applesauce	Pastrami and Swiss Sandwich Potato Salad WW Sandwich Roll Fresh Pear	Spring Mix Salad with Chicken Salad Vegetables WW Dinner Roll Fresh Orange
15	16	17	18	19
Turkey and Provolone Sandwich Potato Salad WW Sandwich Roll Mandarin Oranges	Roast Beef and Swiss Sandwich Cucumbers WW Sandwich Roll Fresh Pear	Egg Salad Sandwich Baby Carrots w/ Ranch WW Sandwich Roll Pineapple	Turkey, Cheddar, & Bacon Sandwich Broccoli Slaw Whole Wheat Bread Fresh Pear	Ham Salad Sandwich Four Bean Salad WW Sandwich Roll Fresh Orange
22	23	24	25	26
Turkey and Gouda Sandwich Diced Beets Whole Wheat Bread Fresh Pear	Roast Beef & Pepper Jack Sandwich Broccoli Slaw WW Bread Pineapple	Italian Salad Salad Vegetables WW Dinner Roll Tropical Fruit	Chef Salad with Chicken Salad Vegetables WW Dinner Roll Fresh Orange	BBQ Chicken & Cheese Sandwich Baby Carrots w/ Ranch WW Sandwich Roll Fresh Orange
29	30	<p style="text-align: center;">LITE MENU CALENDAR APRIL 2024</p> 		
Roast Beef Club Sandwich Four Bean Salad WW Club Roll Tropical Fruit	Ham and Cheddar Sandwich Diced Beets WW Bread Pineapple			