IRONTON RAIL - TRAIL 10K RUN/WALK

PRESENTED BY: IRT 19TH ANNUAL RUN/WALK

SATURDAY, AUGUST 22, 2020 | SAYLOR PARK, COPLAY, PA

WALKERS START AT 8:30 AM | RUNNERS START AT 9 AM
RACE DAY REGISTRATION - 7:30 AM - 8:15 AM

TO REGISTER: BIT.LY/IRTCOPLAY
We prefer you register online.
Paper registration information on back, if needed.

ENTRY FEE
$30 UNTIL JUNE 9
$35 UNTIL JULY 14
$40 DAY OF RACE
ALL PROCEEDS BENEFIT THE IRT

PACKET PICK UP
FRIDAY, AUGUST 21, 2020
3 PM - 7 PM
KEystone RUNNING STORE
(OR SATURDAY AT RACE DAY REGISTRATION)

FOR MORE INFO CALL CHRIS AT 484-387-1258 OR EMAIL HELLO@KEYSTONERUNNINGSTORE.COM

POST RACE AWARDS | CEREMONIES | SNACKS

AWARDS: OVERALL (MALE & FEMALE)
KEYSTONE RUNNING STORE GIFT CARDS
1ST PLACE: $100  2ND PLACE: $50  3RD PLACE: $25

AWARDS: RUNNERS (MALE & FEMALE)
TOP TWO IN EACH GROUP
19 AND UNDER * 20-29 * 30-39 * 40-49 * 50-59 * 60 AND OVER
IRONTON RAIL-TRAIL 10K RACE INFORMATION
Saturday, August 22, 2020

Directions to Race:  Saylor Park: 245 N. 2nd St., Coplay, PA 18037
- Take Route 145 N. to Sheetz
- Turn right on Chestnut St.
- At stop sign bear left onto W. Coplay Rd.
- At stop sign turn right onto Coplay Rd.
- Continue to the bottom of the hill and parking lot

St. Luke’s University Health Network and Delaware & Lehigh National Heritage Corridor are encouraging you to get out and get active. Learn more, sign up at www.tailonthetrail.org. It’s FREE. Log the miles you walk, run or bike, and earn prizes! Whether you’re training for this event, or getting out on trails for fresh air, your miles count! Join today and help us build a healthier community... one mile at a time.

IRONTON RAIL-TRAIL 10K RACE REGISTRATION
Saturday, August 22, 2020

Name: _____________________________________________ DOB: _____________________ Age: __________
Street: ____________________________ __________________________ Email: ________________________________
City: _______________________________ State: __________________ Zip: ____________
Male: _______ Female: _______ T-Shirt Size: S _____ M _____ L _____ XL _____ Walk _____ Run _____

Please enter me into The Keystone Running Store Rail to Trail 10K Run/Walk on August 22, 2020. I know that running a trail/road race is a potentially hazardous activity. I should not enter unless I am properly trained. I agree to abide by decisions of race officials relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contacts with other participants, the effects of weather (including high heat and/or humidity), traffic and conditions of the road/trail, all such risks being known and appreciated by me. Having read this waiver and these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive The Keystone Running Store, their officers and agents, all sponsors, their representatives and successors, including the claims or liabilities of any kind arising out of the participating in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all the foregoing to use photographs, motion pictures, recordings, or other record of this event for any legitimate purpose.

Signature (Parent/Guardian if Under 18) ____________________________________________