

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31	1	2	3	4	5	6
	10:00 BODIES, BANDS 11:30 Lunch 12:30 TAI CHI FORM	9:15 CHAIR YOGA 11:30 Lunch 12:30 CRAFT	9:15 STRETCH & 11:30 Lunch 12:30 TAI CHI	9:15 CHAIR YOGA 11:30 Lunch 12:30 BINGO	9:15 STRETCH & 11:30 Lunch 12:30 TAI CHI	CHARLOTTE SCHALL
7	8	9	10	11	12	13
	10:00 BODIES, BANDS 11:30 Lunch 12:30 TAI CHI FORM JOE FORTLEY	9:15 CHAIR YOGA 11:30 Lunch BARB LEWIS REBATE TAX	9:15 STRETCH & 11:30 Lunch 12:30 TAI CHI	9:15 CHAIR YOGA 11:30 Lunch 12:30 BINGO	9:15 STRETCH & 11:30 Lunch 12:30 TAI CHI DAVID MARSELLES	KATHLEEN BACHMAN MARY JANE TOMCICS
14	15	16	17	18	19	20
SANDY MINK	10:00 BODIES, BANDS 11:30 Lunch 12:30 TAI CHI FORM COURTNEY COOMBS GRACE SHINTON	9:15 CHAIR YOGA 11:30 Lunch 12:30 Computer Class JOE MEHALSHICK ROSE WARMKESSEL	9:15 STRETCH & 11:30 Lunch 12:30 TAI CHI	9:15 CHAIR YOGA 11:30 Lunch 12:30 BINGO	9:15 STRETCH & 11:30 Lunch 12:30 TAI CHI	
21	22	23	24	25	26	27
BARB WLOCZEWSKI	10:00 BODIES, BANDS 11:30 Lunch 12:30 TAI CHI FORM	BEAR CLOSED	9:15 STRETCH & 11:30 Lunch 12:30 TAI CHI	9:15 CHAIR YOGA 11:30 Lunch 12:30 BINGO JENNIFER SHUMAN	9:15 STRETCH & 11:30 Lunch 12:30 TAI CHI	
28	29	30	1	2	3	4
BINGO	10:00 BODIES, BANDS 11:30 Lunch 12:30 TAI CHI FORM MARY WILSON	9:15 CHAIR YOGA 11:30 Lunch JEAN LITZENBERGER 12:30pm - KENTUCKY	9:15 STRETCH & 11:30 Lunch 12:30 TAI CHI			